

The Reserve Record

The Longest-Running Newspaper In Historic Hudson, Ohio

VOLUME CIII

WESTERN RESERVE ACADEMY

ISSUE 2

The WRA Election Look

Thoughts from the pioneer galley.

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That's who you should have voted for.

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OMIGOD, OMIGOD, YOU GUYS!



ALAN DOE

Olivia Chan '17

Editor

A playboy bunny, two adorable dogs, sorority girls, and a whole lot of bending and snapping—the Western Reserve Academy community experienced all this plus more this past Halloween weekend. The comedic musical, *Legally Blonde*, came alive on our very own KFAC stage as there was plenty of acting, singing, and dancing to go around. The first act follows Elle Woods, played by Sarah Jones '17, to Har-

vard Law School as she cannot let go of her ex-boyfriend, Warner Huntington III, played by Elliot Ong '17. Elle, President of her sorority, Delta Nu, tells the tale of her struggle through the elite university along side of her other sorority sisters and friends she meets.

Directed by Ms. Midge Karam, she exclaimed, “The main takeaway is ‘don’t judge a book by its cover.’ But more than that, it’s a reminder to stay true to who you are. And to know that it’s okay to be smart and beautiful—neither of those things are mutually exclusive.”

The musical featured numerous seniors as it was their final year to hit the stage in a WRA musical. Adjoa Tettey-Fio '17, playing a headstrong lesbian and Harvard Law student named Enid Hoops, reflected, “I couldn’t have asked for a better cast and crew to have done my last Reserve musical with. I had so much fun and all the memories and laughs we had will stay with me forever.” The cast, pit, and crew all agree that this production was one of the most “dumb,” but entertaining, experiences they have shared throughout the lengthy rehearsals

and performance nights.

It was no secret that many students involved in the show embraced their exaggerated characters. Jones exclaimed, “This role is a dream come true. I love playing Elle!” Ian Israelson '17, playing Professor Callahan, took this opportunity to play “the biggest jerk with no repercussions” to his advantage. Sidney Preston '17, who played Serena—a Delta Nu and one of Elle’s closest friends, remarked, “It was a bit daunting playing a part where the character was so drastically different from me and my personality,

but it just got more and more fun with each rehearsal.” Another honorary Delta Nu sister, Katie Elkind '18, commented, “I played the role of Margot, who was the ditzzy one of three of Elle’s main sorority friends. She was so high-energy and had to always be moving and just a little spazzy.”

The fall production was no doubt one of the student body’s all-time favorite musicals as lots of laughter showered through the KFAC theatre. Thank you for everyone’s contribution to make this a spectacular show!

WRA’s First Open House Welcomes Potential Students

Aidan Johnson '18

Contributing Writer

Western Reserve Academy hosted its first Open House of the 2016-2017 school year on October 9, allowing dozens of prospective students to get a firsthand look at Reserve life and learn more about the school before application season.

From 1:00 to 3:30 on that bright Sunday afternoon, a grand total of forty-seven students visited the campus. Prospective students from four states—Ohio, Michigan, Pennsylvania, and California—were in attendance at the event. There was a beautiful music perfor-

mance in the Chapel, followed by a warm welcome to the visitors from our Head of School, Mr. Burner, followed by a presentation by Mr. Morrissey, the Dean of Admissions.

Afterwards, they were shown around campus by some of our current students who generously volunteered their time to assist with the tour and did a wonderful job doing so. In addition to the usual academic buildings of Seymour and Wilson, the impressive Center for Technology, Innovation, and Creativity (CTIC), or as it’s more commonly known, the Makerspace, was shown off as well, a powerful example of the amazing opportunities offered to students here at Reserve.

The final stop was the Wilson

reading room, where students and parents were greeted to an array of refreshments, courtesy of the dining hall. At the conclusion of the tour, there was a chance to meet with faculty, including the department chairs, representatives from the Admissions Office, and Mr. Burner. The guests departed for home afterward, taking with them the memories of Reserve that they gained.

Those forty-seven students and their families will no doubt come away with a positive impression of our beautiful school. Hopefully, those potential Pioneers, as well as the students attending the next Open House on Sunday, November 13, will choose to start the next school year here at WRA.



ALAN DOE

Head of School Christopher Burner, welcomes prospective students and their families to the beautiful campus of Reserve.

Green Key Hosts Presidential Debates

Aidan Johnson '17
Contributing Writer

With no election in recent American history being as divisive as the 2016 presidential race, it is only natural that student interest has been piqued. With the rise of such student-run clubs as Young Democrats, Young Republicans, and the new Liberal Socialists, many Pioneers are getting political for the first time.

Although the majority of the student body is too young to vote, last year a mock election was held for all students and staff, with Bernie Sanders emerging as the winner. However, now that the real election is here, Pioneers have been following the action breathlessly. Thanks to Winston Wu, the first presidential debate on September 26th between Democratic nominee Hillary Clinton and Republican nominee Donald Trump was featured on the Green Key's numerous televisions.

There was a massive turnout, with crowds of students packed tightly together to watch the action take place, and the enticing promise of free Papa John's pizza only further encouraged students to come

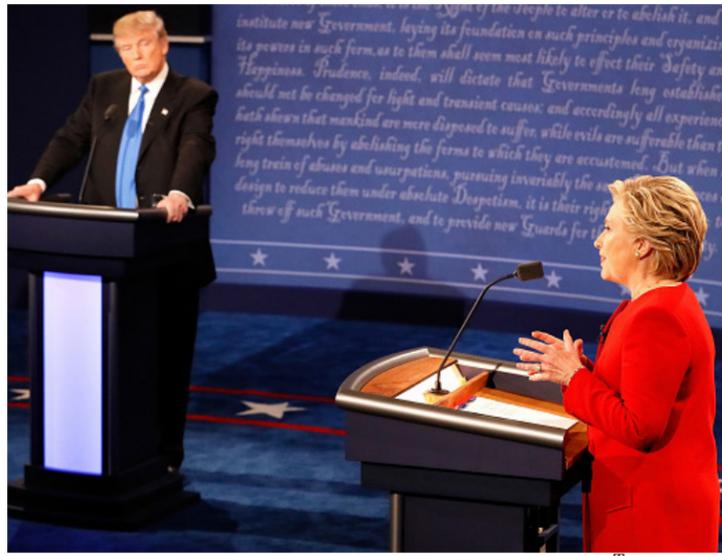
out and watch the debate unfold. Several students had fun playing 'debate bingo', watching closely for mentions of things like 'Hillary's emails' and 'Trump's tax returns' in order to cross them off their cards.

While the winner of that bingo match remains unclear, Clinton seems to be the clear winner of that debate. "She was obviously very well prepared," says Bradyn Podnar '18, a junior who has been following the presidential race. "But Trump just went downhill as it went on."

Clinton also earned a standing ovation from the students after Trump criticized her for being too rehearsed, and she sharply responded, "You know what else I prepared for? I prepared to be president."

On Tuesday, October 4th, the vice presidential nominees, Democratic Senator Tim Kaine and Indiana's Republican Governor Mike Pence, had their turn to debate. This debate took place at Longwood University in Virginia, the home state of Senator Kaine, and was moderated by Elaine Quijano.

This debate was not shown in the Green Key, much to the confusion of several students and faculty. Nor was the October 9th presidential debate, moderated by Anderson



Donald Trump and Hillary Clinton have spent much of their October time preparing and debating on stage for the election.

Cooper and Martha Raddatz, but many anxious students took to their common rooms to watch.

Both candidates were facing fresh controversy the second time around, with Clinton battling a deluge of leaked campaign communications and Trump dealing with an offensive, sophomoric tape from 2005 that had surfaced.

The candidates took several questions from the audience, but

relentlessly attacked each other throughout the debate. With the political atmosphere so heavily charged, it will be interesting to see what takes place on Election Day.

The last debate, hosted by Fox host Chris Wallace, was shown in the Green Key. But without the enticement of food and the event being upperclassmen-only, it was a much quieter and civil crowd. Election day is November 8th.

Clown Hysteria in Northeast Ohio

Charlie Kolodziej '18
Contributing Writer

A wave of clown hysteria has swept our nation in the last few months. Sightings of these creepy carnival carnies are coming in from all over the United States.

The first account of clown mayhem came from Greenville, South Carolina. Multiple clowns allegedly appeared behind Fleetwood Manor Apartments and attempted to lure frightened kids into the woods. This prompted the police to get involved, and the manager, informing his residents, cautioned, "At no time should a child be alone at night, or walking in the roads or wooded areas at night." Police searched the woods after these reports but found no clowns nor sinister clown-related activity. In a similar incident, a Kentucky man was arrested for lurking in the woods outside an apartment building while in full clown regalia. He was charged with, among other things, "wearing a mask in a public place."

In Pennsylvania, numerous individuals dressed as clowns roam. A woman in Ebensburg reported a clown peeking through her window, and in another area of the

state, two young men dressed as clowns jumped out of the bed of a pickup truck near a local park and began harassing children.

Only a few days after the original sighting in Greensboro, the police were called to a man's house in South Carolina who claimed to have seen a clown coming out of the woods at the back of his property and said that he promptly chased it away with a machete. Many are not sure what the exact cause of this clown hysteria seems to be, but many believe the increased sightings are simply copycat crimes. Others believe the clowns are a part of a viral ad campaign for the upcoming horror movie, 31, by director Rob Zombie; the film features an evil carnival as its main attraction.

While the initial cause of these clown sightings is unknown, what is certain is that these sinister clowns are hurting the real clown entertainment business. Many entertainers are reporting drops in clientele, and many have had to modify their routines in order to avoid scaring children or attracting unwanted attention. This clown epidemic is not only ruining the childhood of kids, but also the careers of those in the clown industry. With reports in over twenty states, some can only hope it will end soon.



Clowns spotted in Huron County, Ohio creepily roaming at night.

Hurricane Matthew Strikes Coast



Hurricane Matthew caused severe damage to North Carolina

Matthew Bloom '19
Contributing Writer

Here in Hudson, Ohio, we have had mostly calm weather as of late, but many have no doubt heard of the devastation wrought by the recent Hurricane Matthew. Matthew was a Category 5 hurricane—the first Atlantic Category 5 hurricane since 2007—that formed on September 28 and continued until October 10. The hurricane affected most of the Western Atlantic, such as the Caribbean, the southeastern coast of the U.S. and Canada. The storm caused anywhere between 597 deaths to over 1383, as well as over \$5.2 billion in damage.

Everyone can agree on the catastrophic effects Hurricane Matthew, especially in poorer nations such as Haiti, rendered and, but the event evoked political dialogue regarding the situation. Secretary Hillary Clinton brought up the topic of climate change when stating that climate change strengthened the intensity of the storm and worsened its effects. Clinton cited higher seawater levels and warmer temperatures for the severity of the

hurricane.

Factually, tropical cyclones require certain favorable conditions to form, such as warm waters, high humidity and condensation, and conducive equatorial latitudes. So, looking at the statistics, Matthew should be a stronger storm than if global warming was not occurring. Storms are on average stronger based on wind speeds, and it is odd for a hurricane of this strength to form at this point in the year when climate change alters the timeline of hurricane seasons.

The effect of one storm from climate change is difficult to gauge, but hurricanes today will be stronger overall compared to those in the past.

Many can argue that the hurricane came not from climate change, but from nature. Hurricanes have always happened. And while the short-term evidence might support this claim, the data is irrefutable in showing that the world is changing. Temperatures are increasing at an increasing rate, that is an undeniable fact.

Matthew may just be a result of that change, and a frightening sign of what may yet come of such natural disasters.

Bad News Browns

David Smith '18
Editor

Another NFL season, another year the Cleveland Browns remove themselves from playoff contention before November. Through the first nine games of the season, the Browns are the only winless team remaining in the NFL.

To begin with the positive though, Cleveland's offense has not been all that bad. The offensive line took a hit due to some free agent departures, but skilled players, such as Isaiah Crowell and Terrelle Pryor, have been showing signs of hope. Crowell, who currently stands at 10th on the NFL rushing list, is averaging more than 5.2 yards per carry, and also owns the longest rushing touchdown, eighty-seven yards, in the league so far. Pryor is getting snaps all around so far, recording rushing, receiving, and even passing yards. In week three in Miami, Pryor recorded eight receptions for 144 yards to go along with a rushing TD.

Quarterback play has been subpar, but the depth chart at the position was ravaged by injuries, where four players have already recorded snaps at QB. RGIII, our key off-season pickup, got hurt in the first game of the season against the Philadelphia Eagles; he will miss the majority of the season.

Backup Josh McCown then also sustained an injury, and the Browns were forced to play third stringer Cody Kessler of USC in week three. This is when Pryor even logged some snaps at QB, completing three of five passes for thirty-five yards.

Although the offense is somewhat competent, averaging 348 yards a game (good for 20th in the league), the defense is embarrassing. The 29th ranked defense in the NFL—403 yards a game—is exposed, game after game.

Their best game defensively, in week two against division rival Baltimore Ravens, they still gave up twenty-five points, allowing a run-of-the-mill quarterback Joe Flacco to pass for more than 300 yards.

The defense has not improved much since, giving up thirty points to the Miami Dolphins, thirty-one to Washington Redskins, thirty-three to Tom Brady in his return from Deflategate, and twenty-eight to the lowly Tennessee Titans on the road.

A perfect representation of the Browns season is the conclusion of the Miami game. In the fourth quarter, with the game tied, the Browns drove into field goal range as the clock ran down. On the last play of regulation, kicker Cody Parkey missed the game winning field goal from forty-six yards out.

It looks as if the Browns and their dedicated fanbase will look ahead to the draft and the 2017 season for any miniscule degree of football hope. But, for now, at least we have the Cleveland Cavaliers and Indians.

Costa Ricans On Campus

Mid-Fall Break Changes

Harley Fisher '19
Contributing Writer

Here at Western Reserve Academy, we celebrate our differences and diversity among the student body and faculty, and opportunities to learn more about cultures that are not our own flood our halls in service projects and exchange programs. This year, we proudly showcased several girls from Costa Rica, and one small boy named Fernando who joyously flicked pokemon cards at me once while in the Hobart common room. Sharing our experiences and battling the language barrier earned us all a fulfilling two weeks enjoying the clashing of two worlds.

Ellsworth second floor, the dorm I'm lucky enough to reside in, hosted the girls in dorm rooms either uninhabited or inhabited by a single organism who volunteered to share. During their two week stay, Isabel, the math wiz, and Priscilla, who knew more about Shakespearean literature than I did (which is simply not fair), shadowed me

throughout my classes. Isabel may have been a sophomore, but she easily could have taken Math 42 or higher, if her hand permanently waving in the the air had any link to her incredible intellect. Yet in my Chemistry class, neither Gabriella nor Isabel had begun to learn about covalent bonds or isotopes. Their curriculum was vastly different from ours, particularly in the sports department.

Yes, Reserve might be chronically insane in regards to how competitive we are with our sports teams, but I was shocked to learn how little interest Costa Rican schools had in rugby or track. The girls and Fernando woke up at six in the morning, every morning, for school, which they thought was perfectly normal. But the idea that we had practice at four in the afternoon, every afternoon, was practically unthinkable. With my horrendous Spanish II vocabulary, and their refined English, I learned all about the strangeness of our school through their eyes. The food obviously differed, but surprisingly mealtimes differed as well. The



Serena Gao '18 poses with her Costa Rican roommate, Sophia.

familiarity we held between our teachers was bemusing, and quite confusing to Pricilla, when I referred to my English teacher as Jevs. Kahoot practically gave Gabriella a heart attack, when Nathan Clysta screamed, "Lo tengo" and chucked a pencil at the wall.

Overall, the fondness with

which we regarded our guests lives on in the Snapchat stories and Instagram follow requests that many students here at our beloved school made sure to cash in on. We will forever remember Fernando's pokemon cards and Priscilla's perfect recitation of Viola's monologue from Twelfth Night.

Group of Students Attend Diversity Conference at Camp Wise

Sash Davis '18
Contributing Writer

Over the weekend before the long anticipated Mid-Fall Break, four eager Reserve students had the amazing opportunity to attend a diversity conference at Camp Wise. Kia Ruffin '17, Makena Hayes '17, Joseph Jordan '18, and Judy Yin '19 traveled to Camp Wise in Chardon, Ohio to take part in a diversity conference that focused on the problems arising from socio-economic inequalities.

"The focus of the conference was to educate the students about the inequalities of health care,

incarceration, gender inequality among professional sports and many more tragedies," explained Ruffin. Makena ardently noted, "America's prison system is deplorable." She goes on to list numerous frightening statistics that really emphasize her statement.

Most notably are the facts that there are currently more prisons than colleges in America and that the establishment of a minimum sentence for nonviolent criminals is greatly contributing to the overflow of prisoners in our jails.

When asked about the impact the conference had on each person, they all answered fervently about how important it is to discuss these

prevalent difficulties and how static they were about participating in such an important and relevant discussion. Judy Yin's epiphany at this conference was that she, "realized the privilege I have [she had], and the importance of this realization."

The impact of such a critical conference on a member of the Western Reserve Academy community really shows just how necessary it is for these conferences to occur so that pressing issues can be discussed and tackled.

Every diversity conference has the aim of discussing a focused topical problem that is currently impacting the world in a generally

negative way. At this specific conference, the topic was focused on the inequalities that exist between racial and economic divides between and within nations. Kia mentions a true story that focuses on one man who robs a bank for a single dollar in order to receive the same health care that prisoners do. The sad truths that are evident in this story provide perfect reasons for organizing a pointed discussion with the goal of devising a solution to the problems encountered. The diversity conference that Kia, Judy, Makena, and Joseph attended echoes WRA's active involvement in the betterment of the world and the inner workings of each country.

Fun Home Review

Elliot Ong '17
Contributing Writer

Imagine the situation of a homosexual. It should come as no mystery that figuring out his sexuality and sharing it with his loved ones is a hard thing for him to do in this day and age. How old is this person you have imagined? A teenager in high school or college? I invite you to imagine a man in his thirties or forties. A man who was so confused and afraid of what would happen to him that he kept himself hidden his whole life, but just cannot anymore. If the emotions or struggles of this hypothetical man intrigue you, Fun Home is a perfect way for you to observe just that.

This musical by Lisa Kron, delivers the compelling story of Bruce Bechdel, a homosexual father of three, who is married to a woman and becoming more open about his

true self. One of his daughters, Alison, tells the story through her eyes. She discovers in college that she is a lesbian, and Fun Home will show you how the relationship between this father-daughter duo either starves or thrives.

In the timeframe the musical takes place, Alison is forty-three and is reminiscent of her life so far and her relationship with her father. One of the brilliant styles Lisa Kron takes advantage of is the memory system, because there are, in fact, three Alisons: ten-year-old "small-Alison," nineteen-year-old "medium-Alison" and our narrator, Alison. While Fun Home's script, characters, and plot are truly inspiring, the music leaves a little to be desired. It's not terrible, but nothing will make you want to get up out of your seat, nothing that you have not seen already. But, despite the lacking in musical excellence, Fun Home is well worth your while.



WIKIMEDIA COMMONS

If you are in the mood for a emotion-provoking, awe-inspiring, beautifully written musical, I absolutely recommend Fun Home. Sadly, I must deduct points for lackluster music; however, it is definitely worth seeing.

RESERVE RECORD

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The opinions in the *Record* do not necessarily represent those of the anyone except their writers. The editors assume full responsibility for the contents of the publication and invite community response. Send any comments or critiques via paper or electronic mail.

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A Night in the Rain Forest



ALAN DOE

'The Crew' (LR, Top: Hanley Jefferis '19, Brian Waligura, Carson Harkins '19, Will Downing '19, Brandt Aker '19, Erin Adams '19, Quentin Mundy '19, Sam Hoffman '19, Bottom: Isabelle Murray '19, Julia King '19, Harley Fisher '19, Charlie Kolodziej '18) pose at the homecoming dance

Amy Zhou '19
Contributing Writer

Just as fall settles in with its brightly colored leaves and the cool, crisp air, with it, comes homecoming. This year, homecoming started off with a hilarious video from senior boys Ian Israelson '17, Christopher Sprunt '17, Joey Randazzo '17, Danny Mylott '17, Cole Howard '17, Jaret Skonieczny '17, and Elliot Ong '17.

While playing Jumanji in the video, the senior boys had to endure abnormal scenarios in order to ask their dates to homecoming. In a typically quiet morning meeting, the loud bursts of laughter bounced off the walls. The students were too amused to notice that Mr. Ong had taken Cole Howard's place in

the video. At the end of the video, they revealed the theme for Homecoming this year: A Night in the Rainforest. With an interesting but clearly fun theme, homecoming preparation started off in good spirits.

As the clock was ticking towards homecoming, the boys were making acceptable posters to ask their special date to the dance. Following the norm, the freshman boys were eager to ask their dates, while the other grades had more experience and followed leisurely. Although, it did seem as though certain boys who were already dating someone were a little slow in asking their girlfriends. Nevertheless, groups were arranged, reservations made, and dresses bought.

During the week of the homecoming dance, spirit week com-

menced. With an exciting theme for the first day, beach theme, students eagerly wore their best beach attire to school. The halls were suddenly filled with colorful leis, shirts with palm trees, and a few bucket hats. Some honorable mentions are John Smidlein '19, who wore a complete beach outfit with a grass skirt, and Andrew McCaffrey '17 and Tia Forsyth '18, who both brought floaties to school. The second day, twin day, saw many doppelgangers on brick row. Some teachers even decided to twin, such as Miss Amy Donnelly and Ms. Emily Thews-Baldrige. The next three days were jersey day, dress like a teacher day, and pioneer pride day. As the spirit continued, the week ended with "A Night in the Rainforest" filled with excited students and awesome dance moves.

Artist Spotlight: Abby Goodman

Katie Weinzler '17
Contributing Writer

Abby Goodman '17 did not always like performing in front of crowds. She began with playing piano when she was very young and then switched to classical guitar. When she was twelve-years-old, she decided to teach herself how to play both instruments by playing music that she was interested in.

It was not until then that she really began to learn about music and how to perform it. When she learned to play songs that she liked, she began to sing along, but strictly when she was alone. Slowly, though, she inched towards performing in front of bigger groups of people. Not only does she listen to all kinds of music—she mostly enjoys "putting acoustic twists on popular songs"—but she also listens to the lyrics and meaning of songs which offers her a wide variety of music to choose from to perform. Although she isn't inspired by anyone specific, she is inspired by artists making beautiful sounds that she aims to replicate.

At WRA, Goodman is President of Live Music Club and can be found performing at Open Mic Nights, the annual talent show, in



ALAN DOE

Abby Goodman '17 shines in the fall musical *Legally Blonde*

the Academy Choir, and numerous musicals, such as *The Addams Family*, *Children of Eden*, and *Paulette* in this year's musical *Legally Blonde*.

But high school is not the end for Goodman. She is certain that she will continue to play and learn more about music in college and for the rest of her life. She expressed, "Music soothes me and teaches me about myself. Going more than a few days without playing or singing actually makes me edgy and unpleasant." As a result, Goodman goes to Hayden Hall everyday for at least thirty minutes to practice her music. Goodman also says that she learned a lot about herself through

music. "Performing taught me a great deal about self-worth," she explained. "Being proud of the music I create ignites a confidence and an ambition about myself that translates to many aspects of my life even outside of music!" Goodman's close friend, Elizabeth Downing '17, voiced that Abby's beautiful singing makes "Cartwright a better place."

Goodman's happy and positive nature has inspired others to participate in numerous musical events on campus. Whether in Hayden, the stage, or the Green Key, she can be found singing quietly (or not so quietly!) throughout the halls daily on the lawn's wide sweep.

Behind the Scenes: Dr. Aguilar's Cancer Research Classes

Joey Houska '20
Contributing Writer

Many of the faculty and student body are aware of Doctor Aguilar's cancer research here on campus, but don't know much besides the fact that it's taking place. Executed here on campus, in our very own Wilson hall, he and a select few students are working to find cures for different types of cancer, many of which they've already developed and simply need to publish.

His cancer immunology students are training to begin projects, or are continuing projects which they started late last year. These entail targeting proteins that are over-expressing cancer cells. By training the immune system to target those proteins, they're also attacking the cancerous cells. The reason this method has been proven to be so effective is that the difficulty of curing cancer is getting around the fact that cancer cells are someone's cells turning against themselves. This hones in on those rogue, or bad cells, and targets them alone.

For this, they require the cancer cells, which they inject into mice to grow into tumors. Bacteria is also necessary, because they are growing specific mouse proteins.

After the protein has grown, it's purified, creating the vaccine.

This tactic was developed in the Cleveland Clinic by accident a few years back when they discovered that they could mimic ovarian cancer by focusing on certain proteins. They then began to apply this elsewhere.

Why cancer when there's plenty of other viruses? Well, like how this cure came to be, Doctor Aguilar began studying this by accident. Originally, he was visiting the Cleveland Clinic to study gene therapy, but around the same time they came up with the idea of this newfound cure. He thought it was promising, and picked up a project on vaccinating testicular cancer to receive his PhD. His fascination with this grew beyond the degree alone.

Unlike treatments, such as chemotherapy, treating the disease this way is far less costly, much easier to administer, and it's safer, too. With treatments, there's always a risk of the cancer coming back. A cure, however, can be "remembered" by the immune system for the remainder of a person's life.

In the end, although they've already achieved the unthinkable, it took tenacity to drive through the failures and into success, and success it certainly is.

Clinton Falls in Battleground Ohio

Chris Sprunt '17
Contributing Writer

The outcome of the swing states in this election were a shock to everyone. Although only one of those candidates has been preparing for debates, it is certain that both Trump and Clinton have been spending a tremendous amount of time campaigning in swing states such as Virginia, Pennsylvania, North Carolina, Florida, and our very own Ohio. These are the states that, for the most part, decided who won the presidency this past week. Therefore, it makes sense that both candidates have rallied support through mass speeches and advertising campaigns.

Last month, on October 21, Clinton spoke at a rally in Cleveland. Ohio is notorious for deciding elections. In 2012, the moment President Barack Obama won Ohio, his staff knew he won the election against Mitt Romney.

Among the hundreds of attendees, three reserve students were among them: Charlie Kolodziej '18, Avery Brewer '18, and Delaney Fowler '17.

Kolodziej spoke enthusiastically about the event: "Everyone seemed really excited to hear Hillary speak," Kolodziej said. He continued to say "The event hall was

packed with an incredibly diverse range of people."

When asked about the nature of Clinton's speech, Fowler said that "her speech was split largely between bashing trump and talking about her own record in Washington. She spent time praising the importance of Ohio as a swing state in the election as well as name dropping LeBron James, much to the delight of the crowd."

In such a fiery election, Clinton took advantage by spending a considerable amount of time bashing Trump. However, she made sure to balance the Trump bashing with points on her own political intentions, particularly as they pertain to Ohio residents. However, many Trump supporters came to protest. According to Kolodziej, "many protesters lined up outside the building for what seemed the explicit purpose of engaging in a shouting match with anyone who would indulge them."

With the election now passed, Ohio residents can expect to go back to the relative quiet of the post-election season. Many will be delighted to stop seeing the election ads. Ohio, along with North Carolina and Florida, ultimately chose Donald Trump as president. Virginia was the only swing state with above 10 electoral votes to choose Secretary Clinton.

Fall Sports Wrap Up: Wins and Losses All Around

Andrew Song '19
Contributing Writer

The fall season has come to an end and most teams finished their seasons and athletes have moved on to prepare for the winter. The final records for each team: Field Hockey: 8-7-1, Girls' Soccer: 4-12-1, Boy's Soccer: 5-9-3, Girls' Tennis: 7-6, Golf: 18-1, Volleyball: 6-13, and Football: 9-1.

There were many strong teams this season, especially the golf and football teams, which both had only one loss. Golf captain Paul Schumacher '17 thought the golf season "(It) went really well. We finished with a 18-1 record and won the IPSL championship against Kiski, Linsly and Shady Side Academy." Kevin Escott '18 added that, "Overall the season was filled with laughs and ridiculous fun." The other one loss team was varsity football. As Justin Chung '17 put it "The football season has been very successful

having been the most successful season the WRA football team has seen in over a decade." He contributes the greatness of this season in particular to good defense, limiting their turnovers, and playing well on special teams.

Though cross country did not have a team record, the two teams both had noteworthy teams and seasons. Carson Harkins '19 talked about the season as "Can words really describe our season? I mean it was up. It was down. It was lit." He added that though plagued with injuries throughout the season, "we had a blast, and the culture just gets better and better."

On the girls' side of the team, captain Elizabeth Downing '17 described the season as "the year of the freshman" due to the addition of many "really fast and motivated freshman", as four of the top seven runners were freshman. Elizabeth added that some highlights of this season were "our last meet of the year at the Andrews Osborne Acad-

emy Invitational where almost everyone ran a PR on this very fast course," and "the time trial that we ran with the boys team. We did a backwards start where the slowest runner got the biggest head start that way everyone would finish at the same time. We divided up in teams and even had prizes for the winning team. It was great to end my four year career in a friendly match with the boys team."

Boy's and girl's soccer both went through tougher seasons, as the records did not match that of years' past. Both teams graduated a plethora of seniors and were plagued with injuries throughout the season. Chris Sprunt '17 thought that it was "undeniable that this was a very difficult season." He added "We had numerous players out with injuries at all periods of the year. However, I feel that at times we were able to play an attractive brand of soccer despite a very difficult schedule."

All teams want to learn from



Football finished with a single loss: The Columbus Crusaders

past years' mistakes and improve year to year. For the volleyball team, this was evident as they doubled their win total from the previous year. Captain Abby Goodman '17 stated "initially we lost a lot, but as the season progressed we actually ended up doubling our winning score from the previous season." She also noted that "our team really

became a whole as opposed to six girls on the court and as we realized this we began to win more games."

All the hard work and dedication that the athletes put in should be noted. However, as this season ends, another starts and hopefully, this winter sports season can be as successful, or more successful than the one it follows.

Invictus: Athlete Spotlight on "Chung"

Steven Yang '19
Contributing Writer

Amidst one of the greatest seasons that the WRA football program has had in its history, captain Justin Chung '17 could not be more pleased with the results. However, success did not come right away for him or the team. In fact, he was behind on even familiarizing himself with the sport compared to his peers. Despite his inexperience, the chip on Chung's shoulder provided the spark he needed to reach excellence, but the path to success was not as easy as it sounds.

Growing up, Chung enjoyed "physically demanding sports" and had been an avid rugby player. After moving to the United States in the eighth grade, everything seemed to be out of the norm. "I had no idea what football was, and rugby wasn't popular," Chung mentioned. With his background in rugby, he was bound to start playing football. "During eighth grade, I was convinced by Erik Gross '17 to come out and try football [at Hudson Middle School]. Since then I've loved it," Chung remarked.

Coming to Reserve, things did not start out too smoothly. In Chung's freshman year, the team finished 2-8, giving him premature notions about what would be coming in the future. "I felt like the next three years were going to be uninteresting," he said. Chung arrived for his sophomore season, but the culture of the team had changed completely. He and his teammates did not want to repeat themselves from the season before. "I believe Coach Hildebrand and the players have done a great job changing the tradition from what it was three years ago," Chung noted. "Our players hold each other accountable for doing their job and make sure to come into the season prepared. The football team is now a close-knit group of individuals who are willing to play for the team." From



Justin Chung '17 stands proudly in his football jersey. He and Michael Malen '17 led as captains

then on, there were no more losing records, as the team finished with at least five wins the next three seasons. These included wins against rival Linsly School in two of the past four years. Chung accounted

"Our players hold each other accountable for doing their job and make sure to come into the season prepared."

the team's most recent win against Linsly as his favorite football memory. He added, "Since we had lost to them the previous year, it felt extra amazing to defeat them on their Homecoming day with stands full

of cheering supporters."

In his five years playing the sport, Chung learned to appreciate the competition, physicality, and the bonds created by football that will "last for the rest of your life." "Football always seems to bring the best out of me and demand the most out of me," said Chung. During the five years, Chung has played on both sides of the ball as defensive tackle, right guard, and a middle linebacker. Although he is undersized, Chung has found ways to get the advantage against the opposition. "I believe I am good at using technique. I use my leverage and technique very well to move opposing linemen and linebackers," he expressed.

The football season is near its

end, and Chung and the rest of the football team seem to be in top form. "I am very excited to see what the football team can prove in the last three games. From what we've already accomplished this season, I believe our team has proved that we're a good football team in our league," Chung explained. However, there is still much at stake. In a couple of weeks, the team will face what is likely their biggest test yet, as they prepare for battle against rival Kiski. "I am excited to see how we match up against them. During my four years at Reserve, the football team has never beaten Linsly and Kiski in the same year. Depending on how we play against Kiski will say a lot about what kind of team we are."

Bump Set Spike: A Volleyball Night

Emily Lee '18
Contributing Writer

On October 8th, 2016, Reserve's (Beach) Volleyball Club opened its first volleyball tournament of the year. One of the club leaders, Cameron Withers '17, said "Beach Volleyball Club has been a tradition at Reserve and as previous members of the club, we have decided to step into a leadership position and continue the tradition of offering this great club to the student body. The club allows for the students to get away from their work and have some good, competitive fun with friends."

There were eight teams consisting of eight to ten players that participated in the double elimination tournament. Abby King '18 said, "The volleyball tournament was a lot of fun! I love how we each got to pick our own teams and decide on what we were going to wear. Everyone's team has such great energy and great spirit. And it was a lot fun to be a part of it." Adding to her words, Brigie Kelley '18 said, "My favorite part about the volleyball tournament was the huge turnout. It was a great time to get away from the books, and hit the courts for a fun night out with friends."

After going through fun, competitive, three hours of playing volleyball, "the team consisting of Cam Withers, Michael Pamer, Max Burkhardt, Zach Mandry, Brian Gillis, Chloe Beggs, and Alex Randazzo a.k.a The Gryffindor Drillers took home the "W." Team Smiles took second place, captained by Yashawi Sharma '18. The club plans on hosting events at Hudson Springs park in the future, offering shuttle rides to play Beach Volleyball.

Meeting the Candidates

President Elect Donald Trump



Chun Kai Cheung '19: Donald Trump has expressed his support to make America safer which should be the number one priority with the amounts of terrorists coming into America. We can't randomly accept refugees from countries with high amounts of terrorists. I also support Donald Trump because of his support of the military, veterans, law services, and the illegal immigrant problem. America has a great number of veterans that suffer daily due to the lack of government services. Donald Trump will address this problem and fix it.

Ilon Goldberg '19: I stand behind Donald Trump because he is a truthful and straightforward candidate and speaks in the interest of the people. He does not believe in increasing taxes and heavily taxing the upper class who work hard for their money in order to redistribute it to those who won't provide or work for themselves. The media has played a huge roll in the election; they take whatever Trump says and blow it out of proportion, turning a spark into a wildfire. Trump does what the people want and what they want is for America to be great again.

Colin McKenna '19: The Supreme Court wouldn't put up with any of Donald Trump's potential crazy ideas. However, because Hillary Clinton has had her hand in so many people's pockets and so many personal relationships with people of high governmental power, she would be able to get away with a lot more than Trump.

Gary Johnson



Danny Mylott '17: While I do not agree with Gary Johnson on [all the] issues, I agree with him on most social, economic, and national defense issues. I believe that he is practical, would make a qualified commander and chief, and would work across party lines in Congress to actually pass im-

portant legislation and make changes to flawed systems of our government. Your vote states your opinion. You could vote for someone based on political parties or because the other likely candidate is less fit to be president, but I believe that you should vote for whoever you think would make the best president. We won't have a good president unless we vote for one.

Hillary Clinton



Alice Wu '17: Growing up hearing about Hillary Clinton in the news, I've come to realize how incredibly knowledgeable and involved she is. Information is power; experience is power. Critics may call her a "political insider," but thirty years of working up the ladder, including four years as secretary of state, by

far surpasses a blank resume of political background. I would trust no candidate other than Clinton to navigate the complex waters of foreign policy and shoulder the burden of chief executive with meticulous care.

Charlie Kolodziej '18: I support Hillary Clinton because she has a plan to tackle climate change while creating new jobs in the process and because of her continued support of the LGBT community which assures me that she will keep our civil rights in mind.

Sandra Spurlock '17: I appreciate the poise and calmness she has kept throughout this bizarre election, and I firmly believe that America needs a leader as prepared and considerate as Hillary.

Zanna Leciejewski '17: Hillary Clinton is one of the most qualified candidates ever to run for the presidency. She has been the First Lady, a US Senator, and the Secretary of State. She has fought for children and championed causes for health care, women's right, and many other issues during her long public service career. Her positions are in line with those of a majority of Americans on such issues as gun control, women's health issues, marriage equality, and economic equality. Her election will finally allow women to break the ultimate glass ceiling.

Jill Stein



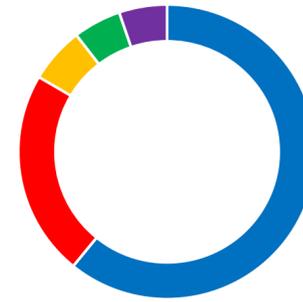
Mairead Morrissey '20: Jill Stein shares my views on large issues and has stayed consistent in her views. I agree most with her choice of using the precautionary principle, which allows the investigation of someone suspected of harming the environment or people having the lengthy process of scientifically proving it.

Stein also supports the change from drug prohibition to harm reduction which I believe in the long run will help prevent substance abuse. Stein's views have stayed consistent unlike the other candidates in the race. Trump has flip flopped from being pro-choice in 1999 to trying to ban abortions and defund planned parenthood in 2015 unlike Stein who has remained constant.

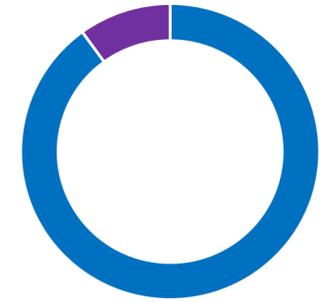
Students

Faculty

My choice for the 2016 Presidential Election

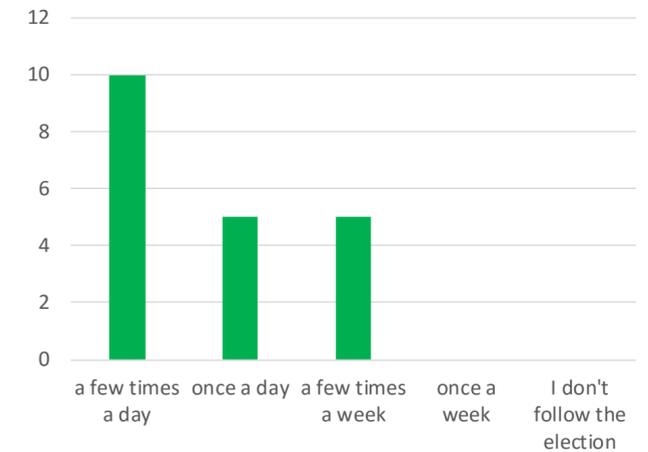
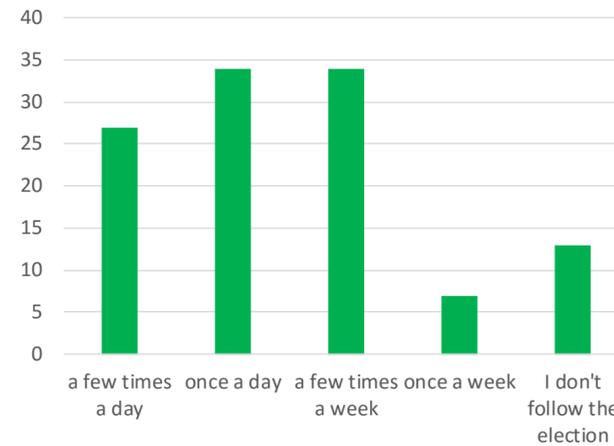


■ Democratic: Hillary Clinton
■ Republican: Donald Trump
■ Libertarian: Gary Johnson
■ Green: Jill Stein
■ undecided

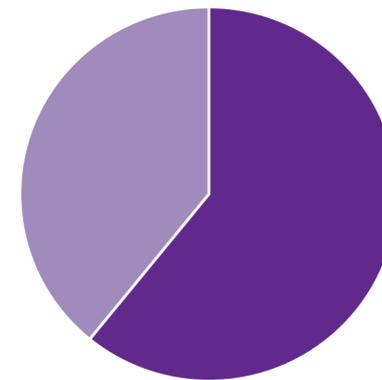


■ Democratic: Hillary Clinton
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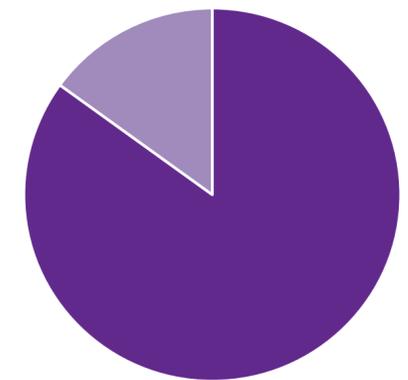
I update myself on the election...



I primarily acquire information about the election from...



■ news sources (print, broadcast) ■ social media (Facebook, Twitter)



■ news sources (print, broadcast) ■ social media (Facebook, Twitter)

All 411 students of Western Reserve Academy were surveyed with these questions on October 16. The images above are comprised of the 115 responses that were submitted by students of Western Reserve Academy by November 7.

All 147 faculty members of Western Reserve Academy were surveyed with these questions on October 16. The images above are comprised of the 20 responses that were submitted by faculty members of Western Reserve Academy by November 7.

Still With Her



WIKIMEDIA COMMONS

Ying Ka Leung '18
Peter Campanelli '18
Chris Sprunt '17
Editors

On November 8th, 2016, the choice seemed clear. Since the least experienced, prepared, and fit presidential candidate in modern American history had won the Republican nomination, he seemed to drag the spirit of the American electoral process through mud. The inimitable Mr. Trump has dominated every news cycle over the last seventeen months for his irascibility, intolerance, and incessant flip-flopping. His refusal in the third presidential debate to accept the outcomes of the election does not abide by the 227-year-old tradition that power be transferred in a democratic manner under the Constitution.

But, in a shock result, Trump secured 290 electoral votes to Clinton's 228 on election day, despite Clinton's marginal victory in the popular vote. Although unthinkable to many, Trump is officially the president-elect of the United States.

The 45th President of the United States will face a considerable list of difficult and complex issues. In the short term, President Obama will have to ironically pass the torch of the economic recovery from the Great Recession to a Wall Street tyrant. He will have to lead partner states in the War on Terror,

now in its 15th year. In the global sphere, as Beijing grows increasingly powerful, and Moscow flexes its military muscles abroad while taunting the West with political interference, the United States will have to examine how these developments influence its position as the leader of the Western alliance system. How should the West proceed with its quest to limit nuclear proliferation in rogue states such as Iran or North Korea?

There is no question that we are currently experiencing the most dynamic period of economic change since the Industrial Revolution: globalization, tech-

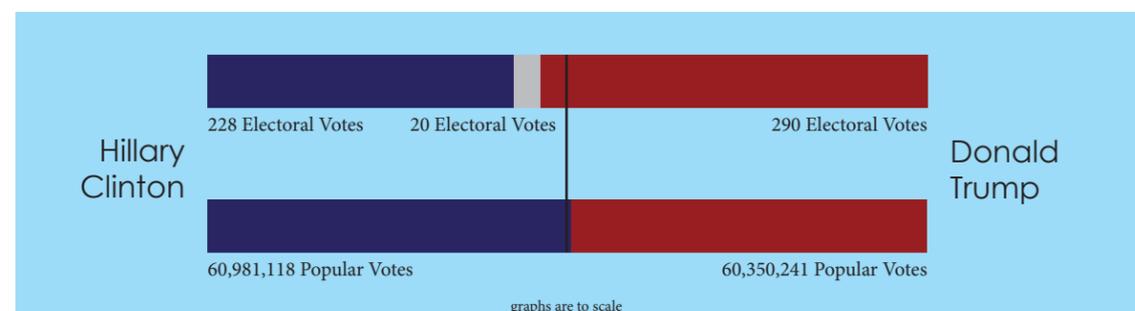
ship, and education.

Speaking of research, there is little doubt among the scientific community that climate change is a long-term problem: Trump has previously believed that climate change is a Chinese hoax, while the vice-president elect still refuses to believe the copious scientific research proving its existence.

Finally, the President of the United States has the responsibility of working with Congress to guide the United States' actions and affairs on this list of issues while trying to delicately balance a sustainable federal budget. With a majority in the House

Trump as they desire for change in Washington, it would be prudent to examine whether Mr. Trump's myopic nationalism would bring the change they desire: Trade wars with China? Russian tanks in Eastern Europe? Nuclear weapons in Saudi Arabia? Skyrocketing debt and a collapsed financial sector? Twitter rants do not make a leader.

Beyond borderline terrifying foreign policy plans, Trump presents a dismal plan for domestic issues. With the goal of fixing urban infrastructure (part of his "Make America Great Again" plan), he also plans to cut taxes on the wealthy. This



nology, and automation offer lower costs and higher convenience to consumers. In the long run, emerging economies receive the cash flow and infrastructure they require to keep militants at bay and construct a democratic civil society. The next President will have to strike a balance between the fruits of the new economy and reinvestment in domestic communities that face intensified competition, through jobs training, innovation and research, entrepreneur-

of Representatives and the Senate, Trump will have an advantage in passing legislation compared to President Obama.

When Mr. Trump announced his candidacy in June 2015, he started what became a campaign of bigotry, xenophobia, and rampant sexism. While he paints an exaggerated, dystopian view of American infrastructure, his unapologetic use of tax loopholes are dangerously hypocritical. While some Americans may prefer Mr.

combination either results in a drastic tax increase on the middle class or a continually skyrocketing debt. Although Trump promises to cover for these losses through the defunding of Obamacare and other benefits, he promises to continue to cram money into an already absurdly powerful national defense while continuing to fund Social Security programs. This plan will lead to a multi-trillion dollar debt increase. Trump's economic agenda simply does not add up.

Trump Incriminated by Newly Unconvered Evidence

Elle Frato-Sweeney '20
Contributing Writer

On October 7th, the Washington Post released an Access Hollywood tape of Donald Trump getting caught on a hot mic bragging about sexually assaulting women. "I just start kissing them. I don't even wait. And when you're a star, they let you do it. You can do anything you want. Grab them by the [female genitals]," Trump could be heard saying.

This tape quickly became the most talked about issue of the election, with an NBC/WSJ poll showing that 95% of its respondents had heard of it. That makes it the fourth most recognized story in the history of the poll. Top Republicans such as John McCain and Paul Ryan pulled their endorsements and made statements condemning their nominee. Other Republican senators called for Trump to drop out of the race. Obviously this did not happen.

This sort of thing is called an "October Surprise," an unexpected piece of information that comes out late in the race (usually in October, hence the name), and changes the game.

The term dates back to 1972, when the chief negotiator for the United States declared that he believed "peace is at hand," referring to the unpopular Vietnam War. This allowed Nixon, who was campaigning for re-election, to gain an even larger increase in popularity among the electorate.

A more recent example is when in 2000 it was revealed days before Election Day that George W. Bush had been arrested for drunk driving in Maine in 1976 (which seems so tame now compared with what's happened recently).

The most famous modern example of an October surprise is when a tape was released of Mitt Romney saying disparaging things about 47% of Americans in 2012. (Though it was released in September and the tape itself was recorded



Trump defends his opinions to a crowded audience in New York. His opinions have insighted much debate throughout America

in May, it has been termed an October surprise for how late in the election cycle the story broke.) Like the Trump tapes of today, this 47% comment became a focus of the election. On Yale Law School's annual list of the year's most notable quotes, it was number one. (Romney had other mentions on the list,

such as his "binders full of women" comment at number 2.)

This article may come out after the nation has voted. Perhaps you already know the outcome. I can only hope that the things Donald Trump has said and done show the American people how unfit he is to be president.

Jaipur Junction: A Reflection through Indian Gastronomy

Manas Srinivasaiah '18
Contributing Writer

Do you ever notice how the small, fleeting moments, however prosaic they may be in that time, can hold such comfort and importance for you later on in life? The regularities in life, prosaic and banal, suddenly become the moment that you yearn for the most. For me, one of these moments comes from the reveries of my childhood, walking into the kitchen and being greeted by warm, familiar scents of my grandmother's cooking. To say that I have been hunting for good Indian food ever since coming to Reserve would be a serious understatement. I think many of you could understand when I say that the food that resides within the halls of Ellsworth does nothing but forebode many ill omened meals that lie in direct contention with what makes good food good.

With all of that said, I guess you would not be surprised by how



JAIPUR JUNCTION YELP

The traditional food of Jaipur Junction spices up life in Hudson

ecstatic I was upon hearing from Yashu '18, "Bruhhhh, tell me why Jaipur Junction was just too ***** good!" I realized in that moment that I simply couldn't, for I had yet to put their food through the trials of my tastebuds. Later that week, we made the short, convenient, 10 minute walk from Reserve to the es-

tablishment known as Jaipur Junction (located near Acme). It was a place with an ambience of chill informality. For only ten bucks, I settled into a buffet of all you can eat Indian food, running from 12 to 3. They had your usual butter chicken and naan, but that is where the banality stopped. Mutter paneer,

saffron infused rice, tandoori chicken, fried onions called pakora, and vegetable curry made it onto my plate. The food was a refreshing and welcome variance after a marking period of dining hall grub. It held substance, great textures, and intricate flavors, carrying with it a delectable gastronomic ode to its origins.

From this rather inspiring outing into the wild, wild world of eateries, I am sad to report that it did not quite hold up to my standards. Then again, I doubt anything could match the familiarity of food cooked at one's crib. The solace that gave me vivacity, found in the certainty of regularity, within the small fleeting moments within each day I guess is nothing more. Taking this into account, I can now acquiesce, and verify Yashu's aforementioned comment, "Bruhhhh, tell me why Jaipur Junction was just too [profanity] good!" Their beautifully cooked food provides one with a magical culinary adventure into the cuisine of North India. Please visit your local Acme plaza and try it!

North Beach Mixer Leaves Much to Be Desired

Julianna Hillestad '17
Contributing Writer

The North Beach Mixer left students disappointed after a long night of low quality music and little excitement. Though we do appreciate the North boys' effort, the event was definitely not up to par.

First of all, only some students dressed appropriately for the theme. Mixers are always more enjoyable when everyone is participating and the theme is a big part of what makes mixers interesting and fun. Speaking of participation, a good amount of students were not dancing. Yes, it is fine to socialize, but have some fun and dance a little!

Another key component of a "lit" mixer is the music choice. The North boys could have updated their playlist and played less pop

and electronic music. A senior noted, "Although the mixer seemed "lit" through social media, in real life, it was exactly quite the opposite. The music was ill-prepared, playing the same song over and over again to the point where many of us expected it to happen. This threw everyone's vibe off.

On top of that, the DJ was a bit indecisive, not knowing what to play or annoyingly changing the song mid-dance, which occurred many times throughout the night. Clearly, the student body was not satisfied. Another issue was the length of the mixer. It seemed to just be a bit too long. The DJ was running out of songs to play and there was not much else to do but dance.

One thing they did get right, though, was the food. It was nice to have freshly grilled hamburgers and

hotdogs up for grabs. But, people tended to leave their drinks lying around, prone to being knocked over. Another success on the part of the North boys was the quite aesthetically pleasing colored lights flashing in the dorm room windows.

In conclusion, the North

Beach Mixer was not lit. I hope that the "hosts" can learn from this experience and make changes for next year. On behalf of the student body, we do not intend to insult their attempt at hosting a mixer. Hopefully the North boys' can prove us wrong and throw a great mixer in the future.



URBANOHIO.COM

Students at North hope to improve future mixer events

Brigie Speaks: Fall Back, Fall Forward, Fall In?



Brigie Kelley '18
Columnist

Fall is my favorite season of the year. It brings memories of the return to school, football, the changing colors of the leaves, and our old standbys – Duck and Hunter boots.

Fall is a season that's both summer and winter combined – we're cursing the heat of summer and begging for the cool of Fall one day and just the opposite the next. This also creates a myriad of problems about what to wear. Shorts? Flannels? Sometimes both can be worn at the same time during the Fall in a place like Hudson.

Once Fall is upon us (as it seems to be if the colors on the trees are any indication), we're drawn inexorably to the traditions that seem to be selfishly owned by the Fall season: football, cross country, and field hockey. These extracurriculars would arguably seem misplaced if they were held during any other part of the year. They seemingly define the Fall experience – especially at a boarding school where the seriousness of academics are tempered with the spirited play of these athletic diversions.

So, is Fall a season for remembrance? It seems so to me since so many things tied to the season are reasons to remember: school (and all those memories held dear to us), first teen romances, sports victories that will live forever as "remember when" stories are retold, and many other life lessons, too. But is Fall more than that?

I think Fall is a special season for remembering the best of the past, making new memories, and most importantly, falling into that process headfirst. Fall is my favorite season because it brings me back to school to be with my closest friends, allows me the opportunity to tell my parents I need a new wardrobe because, "well, the Fall fashions, silly!", going to football games, and playing field hockey. It's also a time I can plan for my future (college visits – woo-hoo!) and just learning to take everything in. Because, like Ferris Bueller said, "Life moves pretty fast. If you don't stop and look around once in awhile, you could miss it."

I, for one, don't plan to miss my favorite season (especially not without a chai tea latte in hand). It's a special time of change and as we change like the colors in the leaves, we become something else: wiser, more mature, more experienced.

And if you're lucky, maybe with a letter of acceptance from that reach school, or at least a new Fall wardrobe! So, FALL IN!



The Coin



Go Vegetarian Today: Save a Life and Save the Planet



Logan Snell '18
Editor

People are often surprised when they learn that I do not eat meat. This is partially because vegetarianism holds a “holier-than-thou” type stigma and partially because many think it is impossible to survive without bacon. While I do not believe a diet that includes meat is entirely appalling, I find there are more reasons to give up meat than to stick with it. In my own personal experience, my change in diet has afforded me more energy and an overall healthier lifestyle, something that has certainly helped with the rigors of high school.

One of the most convincing reasons to adopt a vegetarian lifestyle is the health benefits that accompany a meat-free life. Multiple studies have proven that a vegetarian who consumes a well-balanced diet will, on average, lead a healthier lifestyle than their meat eating counterparts. The average person can expect several years added onto their life if they choose to eliminate meat from their diet. A study of Seventh-Day Adventists, a religious group who consume no meat for religious purposes, showed that members average a lifespan seven years longer than that of the average meat consumer. Additionally, being a vegetarian has been shown to reduce your likelihood for many diseases. The Academy of Nutrition and Dietetics, America's largest group of nutrition professionals, determined that a person's risk for cardiovascular diseases, one of America's most common killers, can be reduced by simply giving up meat. In addition to their findings on cardiovascular diseases, the review confirmed that vegetarians are shown to have lower rates of type 2 diabetes, many types of cancer, and kidney problems.

If the health benefits are not enough to attract you to vegetarianism, many refrain from eating meat for another reason—the fact that a diet of meat is not sustainable for the environment and causes more destruction than you might expect. The problem of climate change is one of the most important challenges our generation will be forced to confront and solve, and an easy way to make a positive impact upon the environment is to make a change within your diet.



One of many primary contributors to climate change is the agriculture industry, specifically the farming of cattle for meat production. Raising cattle produces methane, which, in turn, produces twenty-three times more of an impact on the environment than an identical amount of carbon dioxide would. Surprisingly, many are not aware of the impact the cattle industry has in regard to climate change. It is one of its biggest contributors, even more so than that of the transportation industry, something many environmentally conscious people focus their efforts on.

It takes nearly 1,800 gallons of water to produce just one pound of beef. Pork is a similar story, needing almost 500 gallons of water to produce one pound. With nearly twenty million livestock animals being grown for slaughter around the world, a ridiculous amount of water is unnecessarily diverted towards the animals. Not just water is wasted by livestock, as cited in a 1997 study that found that the amount of grain used to feed food-raised animals in the United States would be able to feed over 800 million people. Unfortunately, the consumption of cattle extends the cycle of meat production, continually contributing to the destruction of our environment. Therefore, it is my belief that for a person to be truly sustainable, they must give up meat. It is shocking how large an environmental impact someone can make by simply giving up meat and becoming a vegetarian. The final argument many vegetarians have for convincing non-vegetarians to join their cause is their compassion for animals and the ethical treatment of them.

"It takes nearly 1,800 gallons of water to produce just one pound of beef. Pork is a similar story, needing almost 500 gallons of water to produce one pound."

While some might argue against a vegetarian diet for the reason that it lacks certain vitamins and is lacking in protein, these are nothing more than common misconceptions about the diet. Many opponents of the vegetarian diet cite iron as a common deficiency within many vegetarian diets, but this argument fails to recognize that iron can be found in many vegetarian staples including legumes like tofu and tempeh and grains like rice and quinoa. Another common misconception about the diet is a supposed deficiency in vitamin B12, something a daily supplement can easily fix. The last major argument given is that vegetarian diets lack enough protein—something that is simply untrue. Protein is found in everything from beans to yogurt to eggs, milk, and cheese. I have never met a vegetarian who has had a problem finding adequate sources of protein.

In addition to the health, environmental, and ethical benefits of giving up meat, some restaurants will offer you a reduced price on your meal; you have the unique privilege of being asked ridiculous questions like “But you would eat meat if you were on a desert island, right?” and “How do you get your protein?” by almost everyone you know; you will quickly become extremely resourceful with dining hall food; you will always have a conversation starter, no matter how annoyed people are because of it; and guacamole at Chipotle is always free. It is never too late for you to make the switch to a healthier and more sustainable diet.

Eat Meat Guilt-Free, but Be Mindful of Your Choices



Matthew Groll '18
Editor

As intelligent beings, our ability to question our habits and desires is a crucial step towards progress. Vegetarianism is not a new practice; as early as 500 BCE, Pythagoras is believed to have been a practicing vegetarian, and societies as early as the Indus Valley civilization had members who eliminated meat from their diets. While they may be small in numbers, vegetarians and vegans are often very vocal, so the debate continues to rage on today. Meat eaters have always made up the overwhelming majority of the population, so we need to consider a wide range of factors to decide if meat should be kept in our diet. As it stands, however, the arguments to stop eating meat are not convincing enough to bring about a shift in society.

One faction of vegetarians holds to the claim that a meat-free diet is better for the body and that the supposed health benefits are reason enough for conversion. As a whole, the vegetarian population is indeed healthier than those who eat meat, but this statistic does not exist as a cause-effect relationship. Vegetarians tend to be more mindful towards their health as they spend more time exercising and have reduced rates of smoking relative to the rest of the population. Not eating pounds of meat every day is indeed a good idea for your body, but mixing lean meats into a diet makes for a very healthy and enjoyable lifestyle. When compared to health-conscious meat eaters, vegetarians have no significant difference in mortality rates, cardiovascular disease, or whatever other ailments supposedly plague the meat eaters of the world.

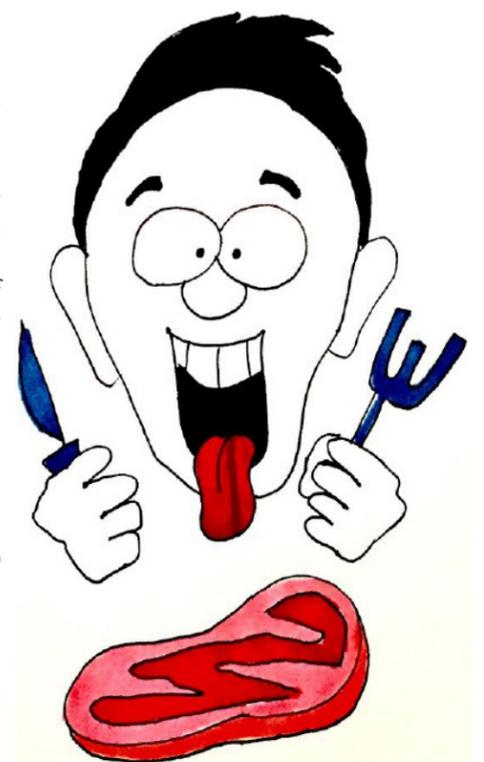
"The fight should not be over eradicating meat from our society, but instead we should strive for ethical, environmentally friendly methods of raising livestock."

Some vegetarians, in fact, suffer from a wide range of deficiencies due to their constrained diet, which can lead to symptoms such as fatigue or difficulty sustaining muscle. A meticulous ritual of supplements throughout the day can help replace substances such as vitamin B12, iron, and calcium scarcely present in a vegetarian diet, but these efforts are costly and a significant hassle to anyone with a busy schedule. Additionally, in February 2014, a study conducted by the Institute of Social Medicine and Epidemiology found that vegetarians are “less healthy (in terms of cancer, allergies, and mental health disorders), have a lower quality of life, and also require more medical treatment.” Studies such as these do not conclude vegetarianism is inherently bad for you, but they do reveal that health issues can go both ways.

Farms, or rather, factories in industrialized agriculture have been known to em-

ploy cruel methods of treatment upon animals. These inhumane practices can be seen by the confined spaces, limited sunlight, or chemical-ridden animal feed often employed in the commercial meat industry. These acts of cruelty, however, should not incite outcry against meat products. Instead, they emphasize the need for better regulation in agriculture. Consumers should seek to eliminate the misconduct found in industrialized farming through smart shopping choices, not by trying to plug one hole in the sinking ship of the global food market. The fight should not be over eradicating meat from our society, but instead we should strive for ethical, environmentally friendly methods of raising livestock.

In terms of the ethical debate on killing animals, well-sustained farms provide livestock with a guaranteed food source and protection against predators, at the cost of a reduced lifespan. On a well managed farm, the quality of life for a farm animal is considerably better than that of an animal left in the wild, where starvation and other factors toward death are a constantly impending threat. Contemporary methods of mass livestock treatment are very far from the ideal setting of a self-sufficient country farm, but we should strive to further improve these living conditions of animals rather than completely remove meat from our diets.



In a long term mindset, meat will remain a staple in society as scientific advances make its production more sustainable and ethical. As of 2012, thirty laboratories are developing research on lab-grown meat, and this number will only continue to rise. Researchers have been able to grow tissue cultures through the use of proteins, allowing for a theoretically infinite yield that will increase at an exponential rate.

Along with minimizing the chance of animal abuse, this synthetic meat can be healthier due to the addition of substances such as omega-3 fatty acids. Currently, the cost of cultured meat keeps it impractical for everyday consumption, but in the not too distant future the price is expected to become competitive even in local supermarkets. As we eagerly await the meat utopia of the future, it will be worth your time to consider where your food comes from, but there's no need to hold off on the meats altogether.

Atrocity Exhibition: Danny Brown's Latest 'Dark' Album Release

Nick Harris '17
Contributing Writer

Danny Brown is currently the purest embodiment of eccentricity and experimentation in popular hip-hop. His wild voice, grimy aesthetic, and incredibly dark tones coalesce into a creative image that could never be replicated by any other rapper.

That said, he has come a long way since his debut studio album, 2010's *The Hybrid*. Over the years, his vocal performance has become more varied and extreme, and his instrumentals have even crossed into EDM territory, only to return to the lo-fi, underground style in which they began. *Atrocity Exhibition* marks the point where these particular developments reach their respective extremes.

It all begins with the song "Downward Spiral." The name of the song not only calls back to a previous lyric from his 2011 studio album, *XXX*, but also signifies the thematic "downward spiral" the album takes into madness.

Alongside Brown's signature squeaky, choked rapping, the track provides droning electric and acoustic guitars and features nigh unheard of in any current popular hip hop album. Lyrically, the listener is forcefully thrown into Brown's disturbed psyche with descriptions of

staying in a room for three straight days with the phone lines cut out of paranoia and chilling one liners like, "Your worst nightmare for me is a normal dream."

Thus the album begins the "downward spiral" and the titular "atrocity exhibition." The atrocity exhibition concept was built based off of a song by the same name by the post-punk band Joy Division, which itself was taken from the title of a J.G. Ballard short story. The basic gist is that it disturbs Brown that his fans took so much joy in his frank descriptions of a destructive lifestyle. As such, he continues creating those very descriptions, determined to portray them as the horrors they truly are.

The next two tracks follow the trends of uncommon instrumentals and paranoid, lonely wordplay, but more importantly they bring us to the first highlight on the album: "Really Doe." This track follows the traditional "posse cut" style, with multiple verses from different featured rappers split up by a hook.

Less adventurous listeners may be drawn in by the stellar performances given by rappers Kendrick Lamar, Ab Soul, and especially Earl Sweatshirt. Thematically, this song also marks the first nosedive into madness that this album takes. Sure, the album has already been strange, but there is a noticeable jump in the experimentation as

"Really Doe" kicks the energy of the album into gear.

As the experimentation and energy accelerate, so does Brown. His delivery hits its peak, and on tracks like "Ain't it Funny" and "Dance in the Water" his voice sounds almost inhumanly cartoonish. The desperation and fear this album conveys, however, are most easily experienced through the lyrics.

Brown laments about things like his loss of self-identity and seeing many of his friends live a fast life and die slowly, saying he's constantly got to "stay afloat" and "try not to choke." He even ends the eighth song with the ominous exclamation, "I hope it ain't my time to go."

If the first track was looking down the precipice of the "Downward Spiral," the final one, "Hell For It" looks right back up. It contains a brief description of the events in Brown's life from which the rest of the album was certainly derived. The lyrical tone, however, is distinctly different in this song.

Brown decides that the life he was living is not for him, and instead uses the pain and suffering he caused himself and others as an impetus for him to perfect his art. The dark message drives his music forwards. This perfection he clearly achieved: *Atrocity Exhibition* paints a clear, terrifying picture for anyone to indulge in.

From a Dean: Watch "Scream Queens"

Kevin Thomas '10
Guest Faculty Writer

If you are looking for heart-wrenching storylines about doctors in a hospital setting, continue to tune into *Grey's Anatomy*. The only similarity between that fan-favorite and *Scream Queens*—helmed by creative genius Ryan Murphy—is that the characters portray doctors who tackle medical anomalies. *Scream Queens*, in its second season, moved past the confines of Wallace University and onto a new location for this year's installment.

Based in a hospital named C.U.R.E. and owned by the former Dean—now Doctor Munsch, played by Jamie Lee Curtis, in a sarcastic, acerbic, self-absorbed role—convicts-turned-documentary-sensations The Chanel (Emma Roberts, Billie Lourd, and Abigail Breslin) are recruited by Munsch as medical students to help treat her patients. Emma Roberts does not venture far from her norm in this role as a bratty, entitled socialite, while Lourd and Breslin can never steal the spotlight too much as to fully delve into character as Chanel's inferiors.

On its revamped exterior, C.U.R.E. appears to be a normal hospital charged with a mission of providing quality care to its patients. However, Doctor Munsch only accepts cases of incurable dis-

eases and disorders. Oh, and the hospital is haunted by this season's Big Bad, the Green Devil, whose identity will be the mystery of this iteration of *Scream Queens*.

The supremely under-qualified and undeserving Chanel are joined by former sorority sister Zayday Williams (Keke Palmer) who has actually moved past the events of last season, completed her undergraduate degree, sat for the MCAT and enrolled in medical school, thereby earning her spot at C.U.R.E.

By adopting a patient-of-the-week format, *Scream Queens* allows for guest stars to shine with puzzling ailments, such as Cecily Strong with hypertrichosis and Colton Haynes with Neurofibromatosis Type I. The show does not lose sight of what made it a hit last fall: biting, witty, pop culture-infused humor. For example, see episode one's running joke about the true definition of "ghosting." Ask Madison Coleman '17 how hard she laughed during this scene.

Season One favorites return to the ensemble with the new additions of Kirstie Alley, John Stamos and Taylor Lautner. Murphy continues to lure highly recognizable actors to his projects, and as a result, entices viewers to see how these players fit into their roles.

If you want to watch a horror comedy that does not even attempt to take itself seriously and is self-aware, tune into Fox on Tuesdays at 9:00pm.

Bond, James Bond. A Movie Review of *Spectre*.

Caleigh Tiley '17
Contributing Writer

Spectre is the fourth James Bond movie to feature Daniel Craig. In an explosive beginning, Bond blows up a building in Mexico City during an assassination attempt. There he learns he must find the Pale King (a.k.a. Mr. White). We discover that this is a rogue mission unauthorized by the administration, given to James Bond via video by the previous "M" (Judi Dench) who died in *Skyfall*. Meanwhile, Max Denbigh (Andrew Scott) of the Joint Security Service, is working to eliminate the 00 program and combine all security groups.

Because of his unsanctioned actions in Mexico, Bond is forced to evade surveillance and complete Dench's beyond-the-grave mission for him. With help from friends in MI-6, Bond infiltrates a meeting of *Spectre*, and is confronted by its head, Blofeld, who he thought was dead.

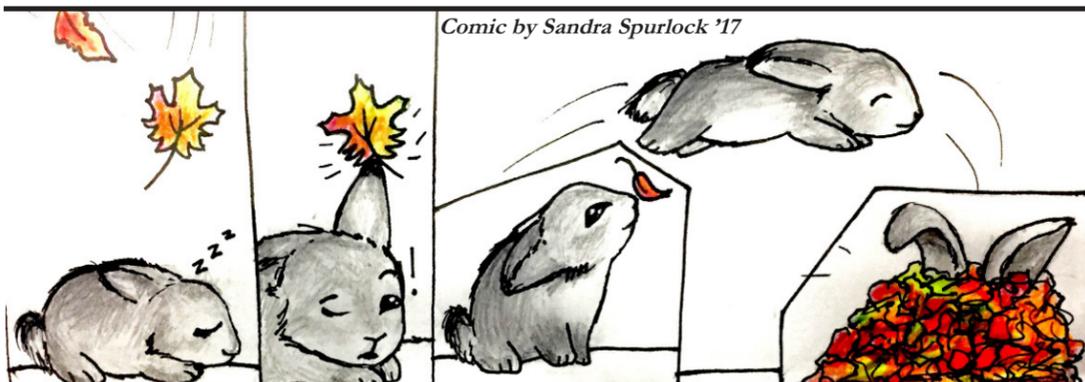
Bond finds a dying Mr. White (Jesper Christensen), and promises to take care of his estranged daughter, Madeleine (Lea Seydoux). White also mentions the L'Americain. Not knowing what that means, Bond tracks down the daughter. After rescuing her, she reveals that L'Americain is not a person, but a place. They go together and find a secret room where they find out that Mr. White was looking for Blofeld and wanted Bond to finish what he started.

Using White's information, they locate Blofeld, head of *Spectre*. Blofeld (Christoph Waltz) is revealed to have been the operator behind all of the villains in the past movies. His reason? His father took James in when he was orphaned and he loved him more than Blofeld. This anger and jealousy led him to attempt to ruin James' life and kill everyone he loved. Bond manages to escape by way of a wrist-watch bomb and he and Madeleine fly back to London.

It is discovered that Max Denbigh was working with Blofeld to

gain more power, and while fighting M, he falls to his death. The major players all arrive at the old MI-6 building. There, Blofeld tells him that there is a bomb and he can either choose to save Madeleine or save himself. Bond finds Madeleine, carries her to a boat below the building and they ride out from under the explosion. Bond has his opportunity to kill Blofeld, but decides not to, and instead goes to Madeleine. They are seen driving off together at the end of the movie.

This movie has everything you would expect to find in a Bond film: plenty of action, suspense, too much sex, and an incredibly cool car for Bond to ultimately crash. Before watching this, though, it would be helpful to watch a few of the earlier Daniel Craig movies, as there are references to past events. On the next movie run, try and check out *Spectre* if you want a great action film. It's sure to please. But one thing is for sure, as in any James Bond movie, you can't help but be charmed by the smooth talking Brit.



Apple has a New iPhone (Part VII)

Matthew Groll '18
Editor

In what is now a four year tradition, Apple announced and released its latest iPhone models, the iPhone 7 and 7 Plus, early last September. The event for this year's announcement hosted a multitude of guest appearances, including Tim Cook singing in "Carpool Karaoke" with talk show host James Corden, a live performance by the pop artist Sia, and Nintendo producer Shigeru Miyamoto promoting the upcoming app "Super Mario Run." While the event was certainly an entertaining production, it also covered everything users can look forward to this next year in the world of Apple. The new iPhone, as expected, is brimming with cutting-edge features. The 7 Plus model differs from the standard 7 with a bigger size and improved specs, but overall the modifications in the iPhone apply to both designs. In terms of hardware, the model comes with two big changes. At a glance, the dual-camera setup allows for a more versatile image, and pressure-sensitive home sensors, rather than the standard physical button, are the two features that set the iPhone 7 apart

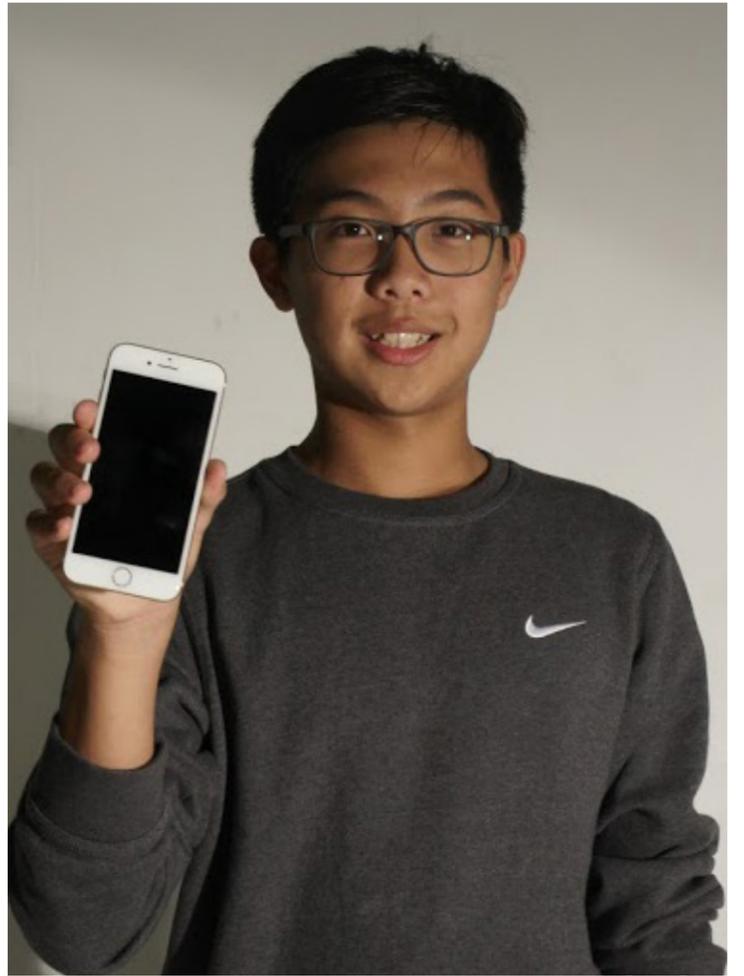
from its predecessors.

As is the standard iPhone upgrades, the new model comes with an improved battery life, higher quality cameras, and more powerful speakers. The new "A10" chip also provides faster processing and enables improved graphics that are claimed to be "on par" with console gaming devices. The iPhone 7 has a new sleek colorization option, jet black, that promotes a more refined look for the device. However, the glossy finish seems to be more susceptible to scratching than the other more conventional color choices. Additionally, the iPhone 7 is water resistant, and although a considerable improvement from previous models, it is not completely waterproof at this point—an important distinction to be mindful of. Don't go swimming with your iPhone anytime soon.

One new change to the iPhone that has been met with criticism is the removal of the traditional headphone jack. While the new model will be shipped with an audio adapter, this clunky "dongle," as it's called, serves as more of a temporary fix. Apple will continue to promote its Lightning headphone alternatives, and, as another substitution, the marketing team has unveiled the new "AirPods." These

wireless earbuds are capable of connecting with any Bluetooth enabled device and come without the physical restraint of ordinary headphones. Despite their small size, the AirPods come tightly packed with a variety of hardware: a microphone, access to Siri, and even motion sensors to detect if the user is talking or has taken out the earbuds. Many users are skeptical of their battery life. Whether Apple is truly aiming to take a step into their "wireless future" or is just wringing out money from their consumers is hard to say. But, the mass commercialization of wireless headphones is a big leap for the tech market.

Another announcement in last September's event revealed the Series 2 Apple Watch. This improved line of watches comes in an extremely diverse variety. One model, partnered with Nike, is streamlined for effective compatibility with sports, featuring holes for ventilation and improved sensors to analyze physical activity. Another design, produced with fashion manufacturer Hermes, highlights a luxury leather band and more simplistic design. In the year to come, we will witness how Apple's products stack up against its competitors and learn how users will react to the abundance of new features.

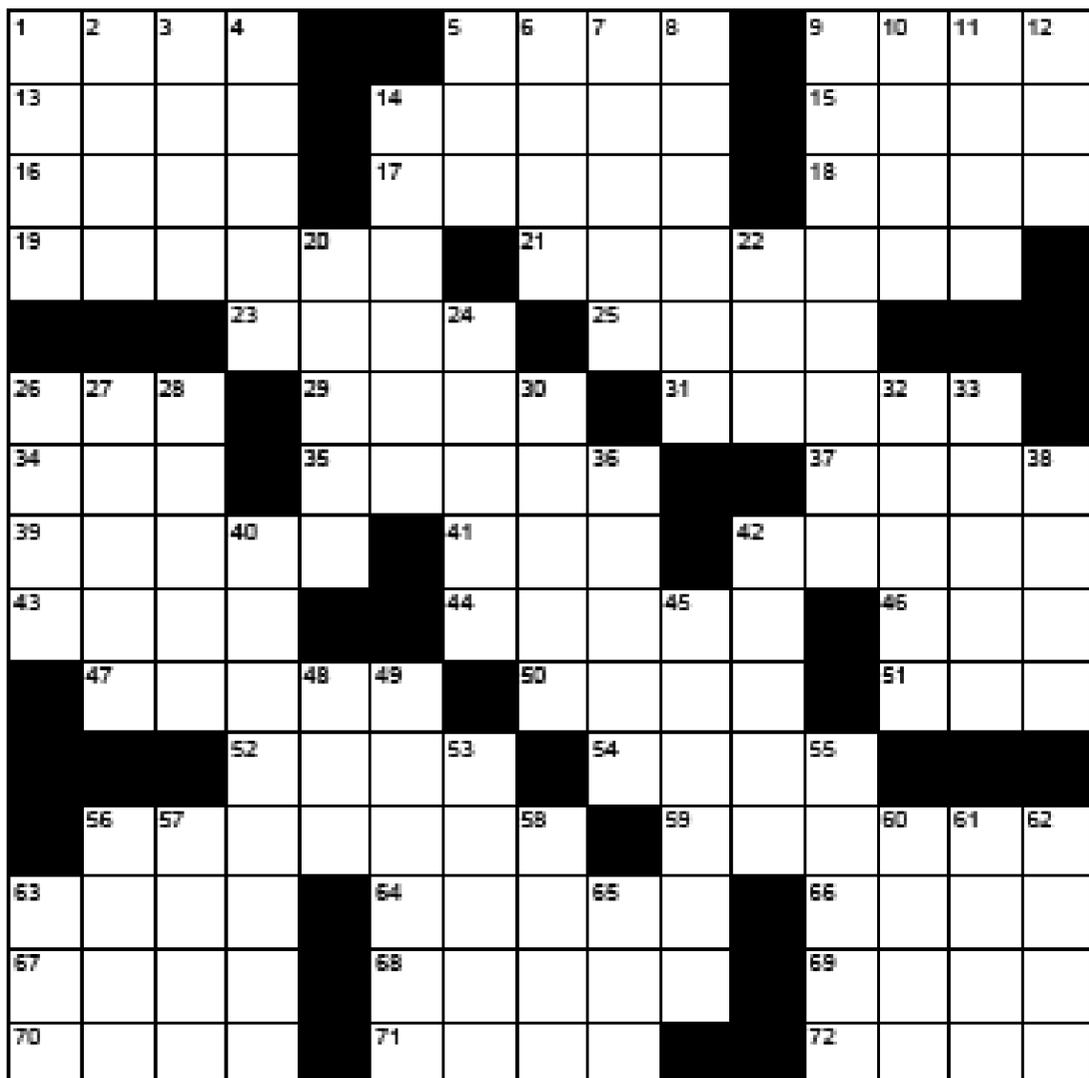


BLAKE BIRCH

James Doh '20 poses with the iPhone 7. The new phone features two added finishes, black and jet black. These add to the existing rose gold, gold, and silver finishes.

Will's Witty Wordplay: Crossword Extravaganza

Will Downing '19
Crossword Editor



ACROSS

- 1 ____, Hammer time
- 5 Southeast by south
- 9 Computer memory unit
- 13 Old man
- 14 Hardest part of an essay
- 15 Lawyer's bread and butter
- 16 Lumberjack's buddy
- 17 You're probably one at Open Door
- 18 Post-Spring Break 2K16
- 19 Can't smell your breath, but you probably need one
- 21 Plural of index
- 23 Take one, or ____
- 25 Goon
- 26 Hertz
- 29 I have a ____ to pick
- 31 Hockey Pond ____
- 34 Gravestone saying
- 35 ____ I take the test, I'm nervous
- 37 Name retracted
- 39 Why you were late to first period
- 41 Kanye's gotta big one
- 42 Bike wheel component
- 43 DNA part, remember Biology class?
- 44 European river
- 46 Bruce ____
- 47 Not adding guac (guac is extra)
- 50 Russian ruler
- 51 Hallucinogen
- 52 They ruin dorms
- 54 Fencing sword
- 56 Durations
- 59 ____ for a good grade
- 63 Mongolian desert
- 64 Haunted
- 66 ____ body once told me the world was gonna roll me
- 67 Boy's XC's favorite conversation topic (In a certain Ong class)
- 68 ____ in the court
- 69 Writer Bombeck
- 70 Chinese secret society
- 71 Bird's home
- 72 Fall starts when one falls

DOWN

- 1 Don't get ____ on
- 2 Yell for one in the street
- 3 Group of oil exporting countries
- 4 Glue
- 5 Elizabeth to Liz, Sister to ____
- 6 Decorative needle case
- 7 Worst case test scenario
- 8 Uncommon
- 9 Dark juicy berry
- 10 Ivy League Dream
- 11 Duces
- 12 Vane direction
- 14 Jesus is Lord Used Tires Location (Bean Trees anyone?)
- 20 Coloring Book, An Awesome Wave, The Dark side of the Moon
- 22 When you forget your wallet
- 24 Come in the door
- 26 Cliff
- 27 How homework goes on your desk
- 28 Paddle (the type they don't allow anymore)
- 30 Elite ____
- 32 Hummock
- 33 Jokes, but a little eggier
- 36 An improper tie is
- 38 "You, you've got what I ____"
- 40 Ruling
- 42 Dried up
- 45 Second period WRApper
- 48 Ms. Karam's Frankenstein head
- 49 A reptile you are no longer allowed to bring to campus
- 53 Beach
- 55 Painting prop
- 56 Crazy, but with Señora Campos-Nava
- 57 Black
- 58 Soap
- 60 Past
- 61 For ____, Forever Ago
- 62 Sometimes in ear
- 63 Acquire
- 65 Position